



LANGLEY SEPT '26 - JUNE '27

STUDIO SCHEDULE

CHOOSE YOUR LEAGUE:

Refer to our [Program Guide](#) to determine which classes are best for your dancer!

TINY KINGS - AGE 3 - 4

MINI KINGS - AGES 5 - 7

JUNIOR KINGS - AGES 8 - 10

VARSITY KINGS - AGES 11 - 13

SENIOR KINGS - AGES 14 - 18

ADULT - AGES 19+



STAGE LEAGUE

Performance & Choreography

Champion Stage
Coming Soon

Home Stage
Level 1
Beginner
2 Classes

Local Stage
Level 2 - 3
Pre-Competitive
2-3 Classes

Premiere Stage
Level 3 - 4
Competitive
4 Classes



BATTLE LEAGUE

Freestyle & Battle Training

All-Star Tech
Coming Soon

Skill Building
Level 1 + Up
All Levels
1+ Classes

Freestyle Tech
Level 1 + Up
Pre-Competitive
2+ Classes

Battle Tech
Level 2 + Up
Competitive
3+ Classes

MONDAY

3-4 PM

TUESDAY

SKILL - HIP HOP

Level 1 - Sosa

3:00 - 3:30 PM

AGE 3-4

SKILL - HIP HOP

Level 1 - Sosa

3:35 - 4:30 PM

AGE 8-10

SKILL - HIP HOP

Level 1 - Sosa

4:30 - 5:00 PM

AGE 3-4

SKILL - HIP HOP

Level 1 - Sosa

5:05 - 6:00 PM

AGE 5-7

SKILL - HIP HOP

Level 1 - Sosa

6:05 - 7:00 PM

AGE 11-13

ADULT HIP HOP

Level 1 - Sosa

7:05 - 8:05 PM

AGE 19+

WEDNESDAY

HOME - ROBOT/HIP HOP

Level 1 Team | UltraMan

3:15 - 4:00 PM

AGE 3-4

*Requirements: Tech included

HOME - ROBOT

Level 2 Team | TBD

4:00 - 4:45 PM

AGE 3-4

*Requirements: Tech included

HOME - POPPING

Level 1 | UltraMan

4:50 - 5:35 PM

AGE 5-7

*Requirements: 2 Classes
Popping Skill + Team

SKILL - POPPING

Level 1 | UltraMan

5:35 - 6:20 PM

AGE 5-7

SKILL - POPPING

Level 2 | UltraMan

6:25 - 7:25 PM

AGE 6-7

AGE 8-10

SKILL - HIP HOP

Level 1 - TBD

7:25 - 8:25 PM

AGE 14-18

THURSDAY

HOME - HIP HOP

Level 1 Team | TBD

3:15 - 4:00 PM

AGE 5-7

*Requirements: 2 Classes
Popping Skill + Team

SKILL - HIP HOP

Level 1 | TBD

4:00 - 4:45 PM

AGE 5-7

HOME - HIP HOP

Level 1 Team | TBD

4:50 - 5:35 PM

AGE 3-4

*Requirements: Tech included

HOME - HIP HOP

Level 1 Team | TBD

5:40 - 6:35 PM

AGE 8-10

*Requirements: 2 Classes
Hip Hop Skill + Team

SKILL - HIP HOP

Level 1 | TBD

6:35 - 7:20 PM

AGE 8-10

SKILL - HIP HOP

Level 1 - TBD

7:20 - 8:20 PM

AGE 14-18

FRIDAY

3-4 PM

HOME - BREAKING

Level 1 | Mar

4:00 - 4:45 PM

AGE 3-4

HOME - BREAKING

Level 1 | Mar

4:45 - 5:30 PM

AGE 5-7

*Requirements: 2 Classes
Breaking Skill + Team

SKILL - BREAKING

Level 1 Team | Mar

5:30 - 6:15 PM

AGE 5-7

HOME - BREAKING

Level 1 | Mar

6:20 - 7:05 PM

AGE 11-13

*Requirements: 2 Classes
Breaking Skill + Team

SKILL - BREAKING

Level 1 Team | Mar

7:05 - 7:50 PM

AGE 11-13

ADULT BREAKING

Level 1 - Mar

8:00 - 9:00 PM

AGE 19+

SATURDAY

9-10 AM

HOME - BREAKING

Level 1 Team | TBD

9:30 - 10:15 AM

AGE 3-4

*Requirements: Tech included

10-11 AM

HOME - BREAKING

Level 1 Team | TBD

10:15 - 11:00 AM

AGE 5-7

*Requirements: 2 Classes
Breaking Skill + Team

11-12 PM

SKILL - BREAKING

Level 1 | TBD

11:00 - 11:45 AM

AGE 5-7

12-1 PM

HOME - BREAKING

Level 1 Team | TBD

11:50 - 12:34 PM

AGE 8-10

*Requirements: 2 Classes
Breaking Skill + Team

1-2 PM

SKILL - BREAKING

Level 1 | TBD

12:35 - 1:20 PM

AGE 8-10

Skill Building - Only Option: You can enrol in just the Skill Building portion of any program if you want the training without the commitment of performing or battling.

Stage League - Required Classes: To enrol in a Stage Team, dancers must be enrolled in the required Skill Building classes. While you can take a Skill class at a different time/day than your Team block, you cannot participate in a Team without the corresponding Skill training.

Electives: For programs requiring an elective, any Skill or Battle Tactics class qualifies. Note: K-Pop does not count as an elective.